

Damien Wynne:

**„Bring the knowledge into your system and act consciously
in a different way“**

English Version of:

Bring das Wissen in Dein System und mach es bewusst anders

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Damien Wynne supports people with the deep clearing of emotional traumas and mental blocks all over the world. As teacher of the Light Grids Energy work, he conducts his participants to their self-responsibility and deeper into their self-confidence. Participants may learn from him how to come clearer into resonance with their true self. Below, he speaks about the work in his workshops.

Looking at your own seat in the system

When I last looked at my own life and at the life of the persons with whom I had been working over the past few months, I felt that a part was missing. This part, I want to bring it stronger into the common work in the field now.

We all have been going through lots of developments during the last few years. For me, however, there had always been missing the completion of the process and the success resulting thereof. Without the success, you cannot bring your fruits in, you cannot really feel fulfilled.

In this context, I am talking of all domains of life, also about relationships with partners and the family, about success in the work itself, about financial and material success, as well as of fulfillment in the field of spirituality and on your life path.

Therefore, I have been searching for certain frequencies, which I found during the past few months.

You are also able to integrate these into your frequency and your life.

For this purpose, it is important to look at the genetic family and the correspondent positions of every single family member, including your own position in the system. Therefore, I am working with the higher self and with the ancestors, as it is possible that there is something in your system already, belonging to your ancestors, which holds you back from owning the fruits of your success.

Soul fragments which are stuck in the past

I am working with the ancestors through the entire genetic line, as well as through your past lives so that we may dissolve these blockades as well.

With your permission, I am opening these lines, in order to check which of your soul parts are still fragmented, for example still sticking in past lives. If you want, you set your inner intention to take these soul parts back to you. That way, you can bring your love, your success and your fulfillment back into your present life.

Subsequently, we go into the different layers and we have a look at what is waiting for us in this life, what needs to be cleared.

In this context, we will check how success is coming to you in forms of waves, as you are sending out the frequencies, and you are also receiving them back from the universe. We will have a look how this continuous flow works for you and what it is on which you still have to work for yourself.

About holding on and letting go

There are moments in which I feel that you are stuck with parts of your life, with certain topics connected to certain persons or situations. Just simply ask yourself directly: „Am I ready to let these situations go, in order to develop myself?“ Are you ready to look at these energies from the outside and to grow thereby?

Sometimes, you get stuck for too long as you think you have to clear a challenge with a person directly. In many cases, this is not even necessary. Sometimes, you may just take a step back in your consciousness and observe the situation from the outer energetic level and pursue a clearing from that point.

If you clear from your inner level and from your heart centre: „Do I really want to let that go, do I really want to change it?“, then your inner readiness will develop. With your inner approval, you may then say to yourself: „Yes, I am ready for the new, higher good of this situation and I am ready to let the old go, I do not need to hold on to it.“ This statement brings the process much stronger into your consciousness and thus will activate the process.

Sometimes, self-pity may also block the clearing, if, for example, you are sad about something you do not have anymore now, but which you had before. Your own anger and sadness about what you had, for example, before this incarnation and which apparently you lost, evokes a feeling within you of not really wanting to be here; you want to „go back home“, you want to leave your body.

This ambivalence reflects in inner processes. However, in particular moments, we can feel that actually, we are at the right place in the here and now. In fact, this is the only place where we really can be! Everything which we once had, can be ours now as well, but we have to make a choice. If we do not make this choice, we remain stuck in the victim's energy in some aspects.

We have the possibility to let this victim's energy go and to decide to take back what we left on our way. Herewith, we will also understand that everything is inside of us anyway.

Releasing of self-pity and victim's energy

When I came down as spirit into my present body, I saw that many parts of me were in past lives. I saw myself as a vessel out of glass, which was broken, and many splinters were left behind in other lives. As spirits, we are fragmented. If we clear these other lives which are shown to us as past lives, then we are able to collect, piece by piece, all fragments. We will then recognize that parts of our power, parts of our joy, had been left behind in the systems of past lives. In case that we stay in the victim's energy, in hatress or self-pity, these energies of illusion and self-pity will block the timeline and will prevent the blasted fragments from being taken back by us. Much power is lying in these soul fragments for us, and each time that we take back a soul fragment to us, we can feel it clearly. If we do not forgive ourselves, if we do not forgive others, if we run ourselves down, then we are blocking this process of return.

Instead of remaining in such patterns of behaviour, you may become aware of these blockades. This will help you to take back all the joy, all the satisfaction and abundance of life; all the luck which is lying in friendships, the joy of dance, of movement, and of knowledge; the inner trust that you may complete something, the ability of laughing about yourself; the art, the playful being and the curiosity, your senses, your sensuality – you have the ability of taking back all of this. Embrace every single side of you, embrace the richness of all your facets! So to say: look at you from the outside – and smile.

Giving your best and having fun!

Sometimes, we are stuck in processes that make us ask: „Why have I not done that in another way?“ This way of looking back and of asking ourselves, keeps us in the past and in old stories. Yes, of course, have a look at your past, but then make a new choice and move on, change and move forward. Do it really consciously. This is a holistic learning process through which many things of our life may get clearer for us. However, with this new knowledge, we should not say: „Why did I do it that way yesterday?“ This will not help us. Yesterday, I gave my best – I give my best in any moment. With the new knowledge, today, I will not repeat what I did yesterday. But I do not get stuck in „what if...“, as I cannot change the past. However, I have the choice to decide not to repeat it. This way, we can move on.

Do not be too strict with yourself if yesterday, you made a mistake. Maybe you made this mistake yesterday so that you understand it today, so that you can act in a different way today.

And then, bring this knowledge into your system and do it consciously in a different way next time!

Do not take yourself and life too serious – and have fun!

For further information. www.damien-wynne.de